

## **Historic, archived document**

Do not assume content reflects current scientific knowledge, policies, or practices.

# SAVE THE CRUMBS

## The Housewife Holds the Key to Economy

DON'T SERVE MORE THAN YOU EAT

DON'T EAT MORE THAN YOU NEED

DON'T SPOIL GOOD FOOD BY BAD  
COOKING

DON'T BUY OUT-OF-SEASON FOODS

DON'T LIVE FROM TIN CANS WHEN  
YOU CAN GROW A GARDEN

DON'T DISCARD CLOTHING THAT  
MIGHT BE WORN

### DO

INVOICE THE GARBAGE CAN

AVOID THE LITTLE TABLE WASTES

DARN THE SOCKS AND MEND THE  
SHIRTS

EAT SIMPLER MEALS

BUY HOME GROWN FOODS

SAVE THE SURPLUS

## Everybody Help the Housewife

# Mickle Saving-Muckle Gain

---

COMMITTEE ON PRODUCTION, CONSERVATION AND DISTRIBUTION OF  
FOOD SUPPLIES. ARIZONA COUNCIL OF DEFENSE

COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECO-  
NOMICS, COLLEGE OF AGRICULTURE, UNIVERSITY OF ARIZ-  
ONA; AND UNITED STATES DEPARTMENT OF  
AGRICULTURE